

The 10<sup>th</sup> Scientific Meeting  
of the PSAD Study Group

The 2<sup>nd</sup> International DAWN Meeting



Wuerzburg, Germany

22 – 24 April 2005

Dear delegates,

We look forward to your participation in the 2nd International DAWN meeting on implementation of psychosocial care guidelines in diabetes.

The purpose of the meeting is to define and hopefully initiate concrete projects to facilitate the implementation of psychosocial treatment guidelines into diabetes practice in the countries represented by the delegates.

Most of the time is spent in workshops and with discussion to share ideas and reach agreement on feasible new initiatives and projects.

To facilitate this process, please consider these issues prior to the meeting:

- What are the needs for psychological diabetes care in your country?
- What are the barriers and solutions to addressing these in your country?
- What are your personal opportunities for supporting implementation of new psychosocial treatment guidelines in diabetes in your area?

The ongoing DAWN (Diabetes Attitudes Wishes and Needs) Programme to improve psychosocial support for people with diabetes started with the DAWN study in 2001. The DAWN study demonstrated a huge need for improved psychosocial care in diabetes across 13 countries and led to the world-wide DAWN Call to Action (<http://www.dawnstudy.com>).

In 2004, the first guideline meeting (PSAD/IDF/DAWN) was held in conjunction with the 9th PSAD meeting in Amsterdam to seek consensus on key psychosocial recommendations for the upcoming global IDF Type 2 guidelines.

The IDF psychosocial guidelines, now inspired by PSAD, will be launched at EASD 2005, and the task now is how we as experts in diabetes psychology can actively support the implementation of these guidelines into diabetes care.

PSAD members may play a vital role in the education of diabetes professionals in psychological assessment and counselling of patients, facilitate awareness and policy change through cross-national psychosocial research, and development of practical methods and tools for integrating psychosocial issues in daily care.

For this meeting, we have organized three exciting workshops to each define concrete projects and initiatives that could be supported by PSAD, IDF, and DAWN to facilitate practical implementation of psychosocial guidelines into each of the countries represented by the delegates and beyond.

We look forward to an exciting day and to seeing you there!

Sincerely

Norbert Hermanns, Chair of the PSAD Study Group

Soren Skovlund, DAWN program, Novo Nordisk

DAWN - Scientific Programme

**Friday, the 2<sup>nd</sup>**

10:00 - 10:05	Welcome - Opening remarks	N. Hermanns
10:05 - 10:25	DAWN: Implementing national activities to overcome the psychosocial barriers to better treatment outcomes: Where are we in Europe?	S. Skovlund
10:25 - 10:45	Key findings of DAWN and consequences for research	M. Peyrot
10:45 - 11:05	Update on the IDF Psychosocial Guideline for diabetes	F. Snoek
11:05 - 11:25	From study to practice: Translating DAWN into action in Europe	B. Kulzer & N. Hermanns
11:30 - 11:45	Coffee break	
11:45 - 13:00	<p>Working Groups:</p> <ul style="list-style-type: none"> <li>• Project 1: How to translate psychosocial diabetes guidelines into improved clinical practice (Transfer of skills for better psychosocial care to diabetes specialists, diabetes educators, GPs, psychologists)</li> <li>• Project 2: How to implement psychological assessments and follow-up into general diabetes care on a larger scale</li> <li>• Project 3: How to raise awareness and advocacy for policy change: A cross-national research framework to evaluate benefits of psychosocial diabetes guidelines.</li> </ul>	<p>F. Snoek &amp; B. Kulzer</p> <p>F. Pouwer &amp; C. Skinner</p> <p>M. Peyrot &amp; N. Hermanns</p>
13:00 - 14:00	Lunch	
14:00 - 15:15	Continuing with working groups	
15:15 - 16:00	Presentation of the results to the plenum and plans for further action	Moderator: N. Hermanns