

The 12th Scientific Meeting
of the PSAD Study Group

The 3rd International DAWN Meeting



Brussels, Belgium

20 – 22 April 2007

The 12th PSAD Scientific Meeting, Brussels 2007



Dear members,

There are a lot of new technologies and new therapeutic options for the treatment of diabetes. More complex regimens for insulin therapies in type 1 and type 2 diabetes, new technologies like insulin pump therapies, or islet cell transplantation are available. Also the World Wide Web provides new opportunities for delivering diabetes care. Psychological aspects and consequences of these new treatments and therapeutic options in diabetes care are not fully understood. Scientifically established research aiming at psychological aspects of these new developments of diabetes care is needed. One emphasis of our 12th. PSAD Scientific Meeting will be dedicated to these issues.

We know from the DAWN - Project that there is a huge gap between the psychosocial needs of people with diabetes and the support from the health care system and community. Currently we have data about this gap in adults with diabetes, but the situation of children or adolescents with diabetes is unknown. Therefore the DAWN Youth initiative stimulates international coordinated research efforts to understand the attitudes, wishes and needs of children, youth and parents with diabetes. First results are presented at the DAWN Youth workshop here in Brussels and also within our PSAD programme.

During the last PSAD meeting, which was in connection with the Therapeutic Patient Education congress in Florence, we discussed and presented research that modern diabetes education focuses on individual lifestyle modifications, personal attitudes, and motivational processes of behaviour change instead of simply teaching people what they should or shouldn't do. This implies that self-management oriented diabetes education has also become a psychological task. Nurses and diabetes educators are key persons in delivering modern diabetes education. If we also recognise that the interaction time of patient and nurses/diabetes educators is a multitude of time spent in the interaction between doctors and patients, it's clear that nurses and diabetes educators are also key persons for identifying psychological problems in diabetic patients and motivating them to undertake steps to cope with psychological distress influencing living with diabetes.

Therefore it is a great honour for our group that Sue Cradock, Senior Clinical Nurse Specialist-Diabetes will deliver the Anita Carlson Lecture entitled: '*A nurse, a psychologist and a journey in diabetes care*'. To stimulate this important discussion the lecture will be commented on by Frank Snoek.

We hope that this 12th PSAD meeting in Brussels will stimulate us to study psychological aspects of new technologies, to understand psychological needs of children and adolescents with diabetes and to cooperate with nurses and diabetes educators to identify and address psychological problems in diabetes. After the last year's introduction into the baroque lifestyle in Wuerzburg and into the big humanistic tradition of Florence, the Art Nouveau of Brussels, characterized by highly-stylized architecture might inspire us to do this.

Norbert Hermanns,
Chair of the
PSAD Study group

Christel Hendrieckx
Local Organiser of the
12th PSAD Scientific Meeting

Diabetes, Attitudes Wishes and Needs in children and adolescents with diabetes

DAWN Youth – an international workshop 20th April 2007, Brussels Marriot Hotel

(Rue A. Orts 3-7/Grand Place. Brussels, Belgium)

Chair PD. Dr. Karin Lange

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| 10.00 – 10.05 | Welcome and Opening remarks
Norbert Hermanns. Germany |
| 10.05 – 10.10 | IDF Youth charter & DAWN Youth steering
Henk-Jan Aanstoot, The Netherland |
| 10.10 – 10.40 | DAWN Youth in Germany
Karin Lange, Germany |
| 10.40 - 11.10 | Monitoring HRQoL in adolescents with Type 1 DM.
Maartje de Wit, The Netherland |
| 11.10 – 11.40 | Meta-analysis about the effect of psychotherapy in people
with diabetes
Kirsty Winkley, United Kingdom |
| 11.40 - 12.00 | Coffee break |
| 12:00 – 12:30 | Family functioning predicts compliance in adolescent
diabetes
Michael Thastum, Denmark |
| 12:30 – 13:00 | The medical-psychological approach towards children and
adolescents with type 1 diabetes in Italy: DAWN Youth in
Italy
Maria Iole Colombini, Italy |
| 13.00 – 14.00 | Lunch |
| 14.00 – 15.30 | <ul style="list-style-type: none"><input type="checkbox"/> Workshop 1: DAWN in children
Karin Lange & Maria Iole Colombini<input type="checkbox"/> Workshop 2: DAWN in adolescents
Maartje de Wit & Snoek<input type="checkbox"/> Workshop 3: Psychodiabetology in diabetes
Kalida Ismail & Bernhard Kulzer |
| 15.30 – 16.00 | Results of the workshops: Needs and measures for an
improved psychosocial care in children & adolescents
with diabetes |