

PSAD - Scientific Programme

Friday, 12 April

17.00 – 17.15	Welcome - Opening remarks	Chair: Frans Pouwer
17.15 – 18.00	Anita Carlson Lecture “Mental health and diabetes in the light of challenges to medicine in the early 21 st century”	Prof. N. Sartorius President of the Association for the Improvement of Mental Health Programmes
18.00 – 18.30	Discussion	
18.30 -	Welcome reception and dinner at the hotel	

Saturday, 13 April

08.00 – 9.00	Parallel round table discussions:	
	Diabetes self-care: how should we measure this construct?	F. Pouwer N. Hermanns
	How to get the statistics right?	M. Peyrot
9.10 - 11.10	Work in progress	Chair: A. Nouwen
9.10	Systematic use of tools to facilitate dialogue on psychosocial matters in diabetes consultations	C. Johansen
9.30	Development study in youth with type 1 diabetes (DESTINY): finding a balance	M. de Wit
9.50	Development of a mentoring program for adult patients with type 1 diabetes	L. Joensen
10.10	Tea/Coffee break	
10.30	Self-management needs during life transitions among younger people with type 2 diabetes: an Australian and Danish cohort comparison	B. Rasmussen
10.50	Providing our best guess of true relative effectiveness of therapy X for the treatment of type 2 diabetes in clinical practice	M. Reaney
11.10 – 12.00	PSAD/Novo Science AWARD	Chair: F. Pouwer
12.00 – 13.15	Lunch	

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Saturday, 13 April (continued)

13.15 – 14.30	Completed work	Chair: F. Pouwer
13.15	Depressive symptoms, cardiovascular disease and all-cause mortality in people with type 2 diabetes: a focus on depression symptom clusters and potential mechanisms	G. Nefs
13.30	The intensity of initial depressive symptoms predicts short-term efficacy of behavioural treatments in type 2 diabetes patients	D. Ajduković
13.45	Effect of a group programme for treatment of elevated depressive symptoms and diabetes related distress in people with diabetes: results of a randomized controlled trial	N. Hermanns
14.00	Living with diabetes and Charcot foot: assessment of anxiety and depression	J. Huber
14.15	Preliminary findings from the 2 nd Diabetes Attitudes Wishes and Needs (DAWN2) study	M. Peyrot
14.30	Tea/Coffee break	
15.00 – 16.20	Work in progress	Chair: A. Nouwen
15.00	Depression and anxiety in young people with type 1 diabetes: how big is the problem?	P. Winterdijk
15.20	Psychosocial problem in depression in diabetes – comparison of patients who developed diabetes in course of depression and those who developed depression in the course of diabetes	A. Kokoszka
15.40	How to modify eating rate? A mindfulness-based approach	K. Kanc Hanzel
16.00	Development and evaluation of a tailored internet-based intervention to improve psychological receptiveness to insulin in people with type 2 diabetes	E. Holmes-Truscott
16.20 – 17.30	EDID Meeting	
18.00	Social Programme	

Sunday, 14 April

08.30 – 9.30	Parallel round table discussions	
	Writing and submitting a paper for publication: factors for success	A. Nouwen J. Smith
	How to engage children, adolescents and their parents in diabetes care or research	M. de Wit
9.45 - 11.00	Completed work	Chair: C. Hendrieckx
09.45	Development and pilot study of “Hypobewust”: a psycho-educational group intervention with internet for adult insulin-dependent type 1 and type 2 diabetes patients and elevated fear of hypoglycaemia	S. Rondags
10.00	Evaluation of the implementation of quality of life in routine pediatric care for adolescents with type 1 diabetes in the Netherlands	M. Eilander
10.15	The Diabetes Self-Management Questionnaire (DSMQ): Evaluation of an instrument to assess diabetes self-care activities associated with glycaemic control	A. Schmitt
10.30	Evaluation of a structured treatment and education programme (PRIMAS) for type 1 diabetes patients: a randomised controlled trial	D. Ehrmann
10.45	The patients’ experience in attending their consultations with diabetes specialist nurses	R. Priharjo
11.00 - 11.15	Tea/Coffee break	
11.15 – 12.00	PSAD business meeting	EC
12.00 - 12.15	Closing remarks	F. Pouwer
12.15	Lunch	
	END OF PSAD SCIENTIFIC SPRING MEETING	