

The 19th PSAD Scientific Meeting, SANTPOORT  
PSAD - Scientific Programme



**Friday, 9 May**

17.00 – 17.15	Welcome - Opening remarks	Frans Pouwer
17.15 – 18.00	<b>Anita Carlson Lecture:</b> Young people living with diabetes: 'Finding ways to understand what they understand'	Dr. Deborah Christie Clinical Psychologist and Honorary Reader in paediatric and adolescent psychology at University College Hospital in London, UK
18.00 – 18.30	Discussion	
18.30	Welcome reception and dinner at the hotel	

**Saturday, 10 May**

8.30 – 9.00	PSAD/Novo Science AWARD	Chair: Frans Pouwer
9.00 – 10.20	Work in progress	Chair: Cathy Lloyd
9.00	Kaleidoscope Model of Care	Katharine Barnard
9.20	Designing and implementing effective behaviour change interventions to improve outcomes in diabetes: Identifying behavioural research priorities	Molly Byrne
9.40	Are interventions to reduce diabetes-specific distress effective?	Kathryn Dennick
10.00	Can multimedia technology be used for the effective delivery of diabetes structured education programmes?	Debbie Cooke
10.20	Tea/Coffee break	
10.40 – 11.40	Parallel session: Work in progress	Chair: Christel Hendrieckx
10.40	Type 1 diabetes in the family: An exploratory study of family challenges and resilience factors and their translation into a research based framework for family interventions	Clea Bruun Johansen
11.00	Emotional problems in adolescents with type 1 diabetes and their parents/caregivers: the true scope of the problem	Per Winterdijk
11.20	'It makes a difference, coming here': a qualitative exploration of barriers and facilitators to clinic attendance among young adults with type 1 diabetes	Lisa Hynes
10.40 – 11.40	Parallel session: Work in progress	Chair: Arie Nouwen
10.40	Cultural adaptation of a web-based cognitive behavioural therapy programme for Turkish diabetic patients with depressive symptoms	Emine Kayan
11.00	Effects of liraglutide on cognitive functions and mood in patients with type 2 diabetes mellitus	Anna Pogorelova
11.20	Identification of novel biomarkers linking depression and diabetic foot ulcers: potential targets for the prevention of first foot ulcer	Zola Mannie

11.30-12.30	Debate	
	To screen or not to screen for depression?	Norbert Hermanns & Cathy Lloyd
12.30– 13.30	Lunch	

**Saturday, 10 May (continued)**

13.30-14.15	DAWN2 overview	Frans Pouwer
14.15-15.15	Completed work	Chair: Giesje Nefs
14.15	Diabetes treatment: a psychological impact analysis	Mónica Carreira Soler
14.30	Motherhood and diabetes: a research program on childbearing in women with type 1 diabetes	Carina Sparud Lundin
14.45	Flexible guided self-determination intervention for young adults with poorly controlled type 1 diabetes improved glycemic control and psychosocial functioning in women but not in men: a real life randomised controlled trial	Vibeke Zoffmann
15.00	Binge eating and problems with implementation of the treatment with insulin analogues among patients with type 2 diabetes. Results of initial analyses	Andrzej Kokoszka
15.15-15.25	Tea/Coffee break	
15.25-16.10	Completed work	Chair: Maartje de Wit
15.25	Bolus calculation and carbohydrate estimation – assessment and associations with glycaemic control	Dominic Ehrmann
15.40	Diabetes non-acceptance is a stronger predictor of reduced self-care and poor glycaemic control than depressive mood or diabetes distress in cross-sectional and prospective analyses	Andreas Schmitt
15.55	Effectiveness of a systematic depression screening of diabetes patients in a tertiary referral center for diabetes	André Reimer
16.15– 17.00	EDID Meeting	
17.30	Social Programme	

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**Sunday, 11 May 2014**

09.00 – 10.00	Parallel round table discussions	
	1. How to write a successful grant application?	Suzanne Pieper & Frank Snoek
	2. Qualitative research methods	Julie Smith & Cathy Lloyd
10.10 – 11.50	Work in progress	Chair: Frans Pouwer
10.10	HypoAware: a combined group and online educational program for diabetes patients with problematic hypoglycaemia. A cost-effectiveness randomized controlled trial	Stefanie Rondags
10.30	Feasibility pilot study of a web-based self-management program as addition to the PRISMA course	Michael van Vugt
10.50-11.10	Tea/Coffee break	
11.10	Positive Attitudes towards Diabetes in the Young and Older Generation (PADYOG): A comparative study of the attitudes of young and elderly people living with diabetes	Robert Priharjo & Julie Smith
11.30	An exploratory study of the experience of diagnosis and the bio-psychosocial factors that affect and are affected by the process of integration of the disease in adults with newly diagnosed type 1 diabetes	Mette Due-Christensen
11.50 – 12.30	PSAD business meeting	
12.30 - 12.35	Closing remarks	
12.35	Lunch	
	END OF PSAD SCIENTIFIC SPRING MEETING	